# Bylaws for the 2009 San Diego USATF Cross Country Series
(**http://www.sdusatf.org/ldr.html**)

Races
    * Races and schedule for the San Diego USATF Cross Country Series will be determined by the San Diego USATF Association long run chairmen and the San Diego USATF Cross Country Series director.
    * An advisory committee may be formed to evaluate proposed races and provide recommendations on the series schedule.

To enter the San Diego USATF Cross Country Series, runners must:
    * Be a current San Diego USATF member and resident; and
    * Be listed on a team roster, or run one of the first 3 races, or contact the series director no later than the start of the third race if unable to run one of the first 3 races.
    * There is no entry fee for the series (of course, you still must pay to enter the individual races).
    * Athletes with high school or college eligibility are not eligible for team competition or cash awards.

Awards
    * The winners of each of the eight divisions in each race will earn San Diego USATF Cross Country Series Leader singlets. Recipients are encouraged to wear them at the next race.
    * Runners who complete all races will be recognized as Iron Dogs.
    * Cash awards will be presented to the highest scoring individual runners and teams.  Depth and amount of awards will depend upon series sponsorship.

San Diego USATF membership
    * San Diego USATF membership will be determined by downloading the San Diego Association roster from the USATF database on the Fridays before Races 1 through 3.  Runners not listed on the roster will not score in the subsequent race except as described below.  Membership application (whether by mail, delivery to the Association office, or on-line) must be completed in sufficient time for processing prior to downloading the roster. For information on joining USATF, visit the Membership Page (http://www.usatf.org/membership/). To check membership statuses visit the USATF Membership page.

Only current San Diego USATF members will score in any race, except:
    * Applications may be taken at (and before) some series races; competitors should not depend on this;
    * Proof of late on-line registration may be provided to the series director or results coordinator prior to the race;
    * Proof of registration in a different USATF association may be provided to the series director or results coordinator prior to the race.  The runner will be scored provided that registration is transferred to the San Diego Association within 2 weeks of the race.  The runner must coordinate the transfer with USATF.

Individual Scoring
    * There are four divisions each for men and women: 39 & under, 40-49, 50-59, 60 & over.
    * A runner's division for the series is determined by his or her age on the date of the Championship races (November 14, 2009). For example, a runner turning 40 on November 1, 2009 would compete as a 40-year-old for series scoring purposes for the entire series.
    * Scoring for all divisions will be on a 100-90-81-73-66-59-53-48-43-39-35-32-29-26-23-21-19-17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 basis for all races except the Championship.
    * The point value of the Championship is doubled, plus an additional one-point finisher (200-180-162...8-6-4-2-1).
    * Runners must complete at least two races in the San Diego USATF Cross Country Series plus the Championship to be eligible for awards.
    * A runner's total score for the series will be the score for the Championship plus the three best scores in other series races. If a runner completes only two races before the Championships the third race will be considered a 0.
    * Highest scores win. Higher placing in the Championship race will break ties.

* The Board of Directors of San Diego USATF will name a Jury of Appeal to resolve appeals of protests.  Appeals must be raised within 10 days of posting the results.

Team Scoring

   \* Team competition will be scored in accordance with the Rules of Competition,
Rules 7.6 and 7.9, scoring by place.  For men's open teams, the first five declared members of each team shall count in that team's score.  For women's open teams, men's 40+ teams, and men's 50+ teams, the  first four declared members of each team shall count in that team's score. For women's 40+ teams and women's 50+ teams, the first three declared members of each team shall count in that team's score.  For both men's and women's teams, a maximum of eight runners may displace.  Runners of incomplete teams will displace. For both men's and women's teams, a maximum of eight runners may displace. Runners of incomplete teams will displace.   The following is from Rules 7.6 and 7.9:
        o The team score shall be the total of the finishing positions of the scoring members. The team with the lowest total points is the team winner.
        o Runners of incomplete teams (Note exception above); team entries not declared eligible for team scoring, and unattached or individual competitors will be eliminated from team scoring. Non-scoring declared members of complete teams shall retain their finishing positions and thereby displace other runners.
        o When separate competitions are conducted simultaneously, each shall be scored independently. Runners on teams not eligible for a given competition will be eliminated from team scoring in that competition.
        o In the event of a tie between two or more individual runners, each shall score the number of points determined by dividing the total of the finish places by the number of runners who have tied.
      o Ties between two or more teams shall be resolved by determining which team's last scoring member finished nearest to first place. If the tie still exists, the next to last scoring members are compared in the same way, etc.
   * Each team must be a current member and resident of San Diego USATF. To check membership statuses visit the USATF Club Membership page.
   * Each team member must meet the requirements for individual scoring listed above. If an individual does not meet the individual scoring requirements above (including running at least two races in the San Diego USATF Cross Country Series plus the Championship) they will not be scored for their team for the championship race.
   * Team members must be declared to the series director or results coordinator before each race.
   * Team members may be added to or deleted from rosters through the start of race 3 of the series, but not later.  Runners not registered with USATF by this date will be ineligible.  Teams without enough eligible runners on their roster to score will be ineligible.
   * There are three divisions each for men and women's teams: Open, 40+, and 50+ based on ages as of the Championship race (November 14, 2009).
   * A member club may form an "A" team and a "B" team in any division and maintain a roster for each.
   * Runners may only be on one team.  Runners age 50 and over may compete in any team division. Runners age 40 – 49 may compete in either the open or 40+ team division.  If a series race contests masters divisions in a separate race, runners aged 40 & over will compete in the masters race and be scored in the team competition based on where their time in the masters race would have finished in the 39 & under race.
   * Teams will score on a 20-14-10-7-5-4-3-2-1 basis for all races except the Championship.
   * The point value of the Championship is doubled, plus an additional one-point finisher (40-28-20-14-10-8-6-4-2-1).
   * Teams must complete at least three races in the San Diego USATF Cross Country Series plus the Championship to be eligible for awards.
   * A team's total score for the series will be the score for the Championship plus the three best scores in other series races.
   * Highest scores win. Higher placing in the Championship race will break ties.
   * The Board of Directors of San Diego USATF will name a Jury of Appeal to resolve appeals of protests. Appeals must be raised within 10 days of posting the results.

Call Paul Greer at (858)573-1500 for series information.