



# 70<sup>TH</sup> ANNUAL AZTEC CROSS COUNTRY INVITATIONAL

Saturday – September 20<sup>th</sup> 2014

## General Information

<b>Race Times</b>	8:00 AM	–	Dirt Dogs Community Race (5K) - USATF Sanctioned Event
	9:00 AM	–	Women Invitational (5K)
	9:30 AM	–	Men Invitational (8K)



Courses will be monitored and marked with flags and chalk. Course maps attached.  
\*Spikes are not recommended\*

<b>Entry Guidelines</b>	Invitational	–	NCAA, NAIA, Community College, Clubs and Unattached Elites.
	Dirt Dogs Community	–	Any individual of any gender or age.

<b>Location</b>	Mission Bay Tecolote Shores North Park 1740 E Mission Bay Dr San Diego, CA 92109	Registration, packet pick-up, athletic trainers and restrooms will be near starting line. Park in lots or along E Mission Bay Dr
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Depending on the mapping program or your GPS, the entrance to the parking lot nearest the starting line could range from 1292 to 1718 E Mission Bay Dr.

### **Directions**

#### From The North

Take I-5 South to E Mission Bay Dr exit.  
Turn left onto Mission Bay Dr.  
Take first left onto E Mission Bay Dr.  
Starting line, registration and packet pick up will be in 1 mile on the right.

#### From The East or Sheraton Mission Valley San Diego Hotel

Take the I-8 West to I-5 North to Los Angeles  
Take I-5 North to Sea World Dr/Tecolote Rd exit.  
Turn left onto Sea World Dr.  
Turn right onto E Mission Bay Dr.  
Starting line, registration and packet pick up will be in 1/2 mile on the left.

#### From The South or Airport

Take I-5 North to Sea World Dr/Tecolote Rd exit.  
Turn left onto Sea World Dr.  
Turn right onto E Mission Bay Dr.  
Starting line, registration and packet pick up will be in 1/2 mile on the left.

**Entry Procedures**

**Colleges, clubs and elite individuals competing in the Invitational Sections**

**must enter online at DirectAthletics at this link:** <http://www.directathletics.com/meets/xc/6354.html>

**Dirt Dogs Community Race entries are on Race IT:** <https://www.raceit.com/Register/?event=28446>

- Colleges, clubs and elite individual Entry deadline is **Wednesday, September 17<sup>th</sup>**. Entries received after the deadline will not necessarily be accepted.
- Up to 10 runners per team. Top 5 will score with the next 2 runners displacing. Multiple teams per institution/club permitted.
- Computerized race results will be posted on-line and will also be available for each team following the completion of each race.
- Dirt Dogs Community Race entries are available on-line through Thursday, September 18, 11:00 p.m. On site Race Day registration opens at 7:00 a.m.

**Entry Fees**

\$150 – Per each 7 athlete team. \$10 each additional athlete.

\$25 – Unattached Elite and Dirt Dogs race entrants.

\$30 – Day of meet Dirt Dogs entry fee.

Unattached Invitational	Men 8K < 26:00
Elite Entry Guidance:	Women 5K < 18:30

Unattached Elite Invitational runners must pay \$25 by check on Race Day.

College/Club team checks should be made out to: San Diego State Cross Country

College/Club teams must make payment before the start of the competition or mail to:

Aztec Cross Country Invitational  
 San Diego State University, Department of Athletics  
 5500 Campanile Dr  
 San Diego, CA 92182 - 4313

No cash please!
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**Facilities**

There are no dressing or shower facilities at the course. Please have your teams come dressed for competition. Restrooms will be available.

**Trainers**

San Diego State athletic trainers will be in place one hour before the first race begins to provide aid to any athlete who may require assistance. If any of your athletes require special assistance, please have your athletic training staff contact our athletic trainers at (619) 594-5551 to make necessary arrangements.

**Invitational Awards**

Trophies will be awarded to top male and female college teams in invitational races. Top 7 individual male and female invitational winners will receive medals.

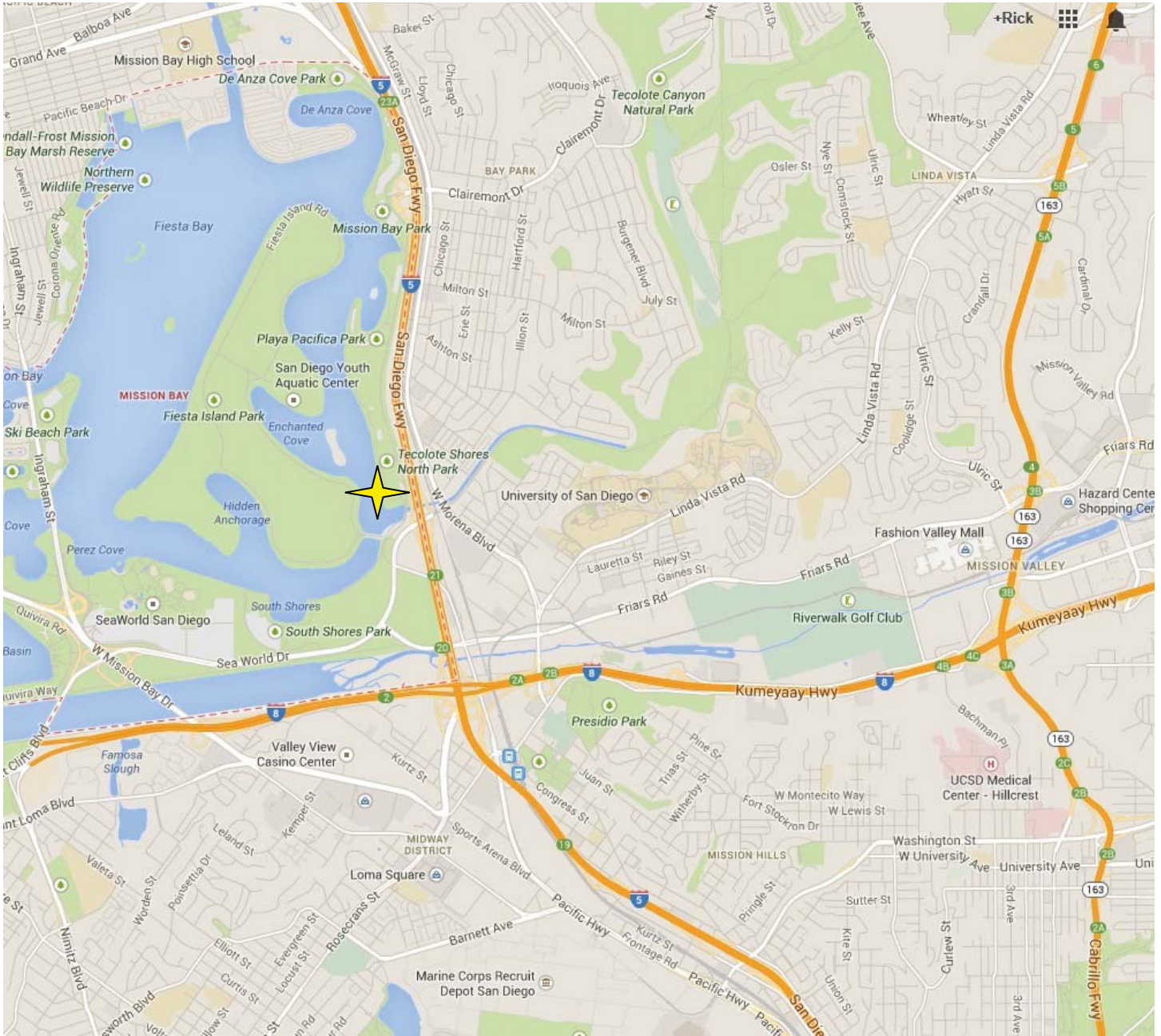
**Community Race Awards**

Medals will be awarded to the top three finishers in the following Age Groups:  
 8 and Under 9-12 13-17 18-23 24-29 30-34 35-39 40-44  
 45-49 50-54 55-59 60-64 65-69 70+

**Contact Information**

Head Coach:	Shelia Burrell	(619) 594-5514	<a href="mailto:sburrell@mail.sdsu.edu">sburrell@mail.sdsu.edu</a>
Meet Director:	Rick Reaser	(310) 227-5534	<a href="mailto:rick-reaser@msn.com">rick-reaser@msn.com</a>

# Area Map



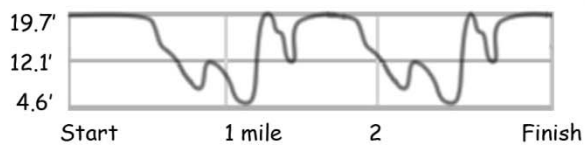
# 5 kilometer Course Map

This race course will be used for the Dirt Dogs Community 5K and the Women's Invitational 5K

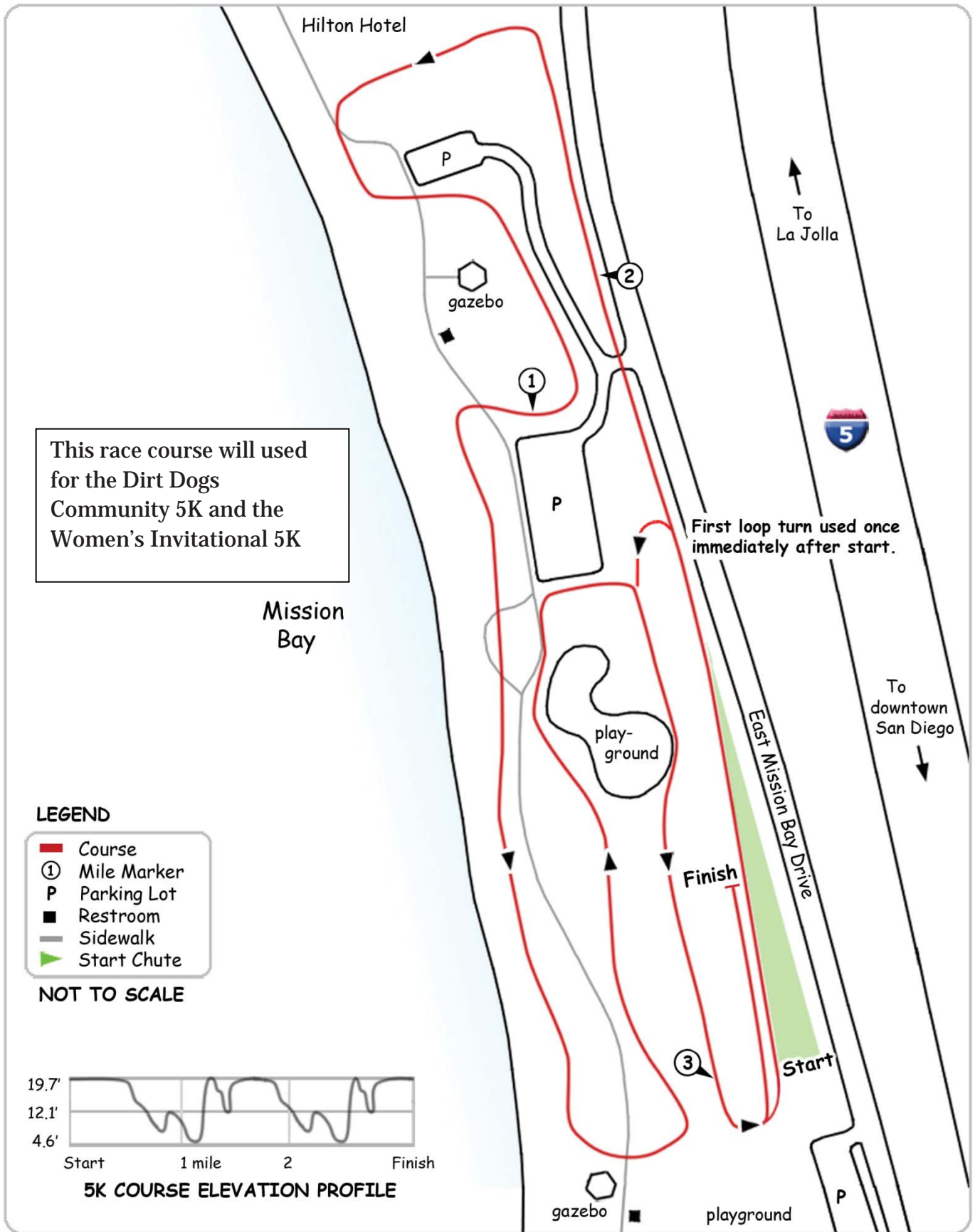
## LEGEND

-  Course
-  Mile Marker
-  Parking Lot
-  Restroom
-  Sidewalk
-  Start Chute

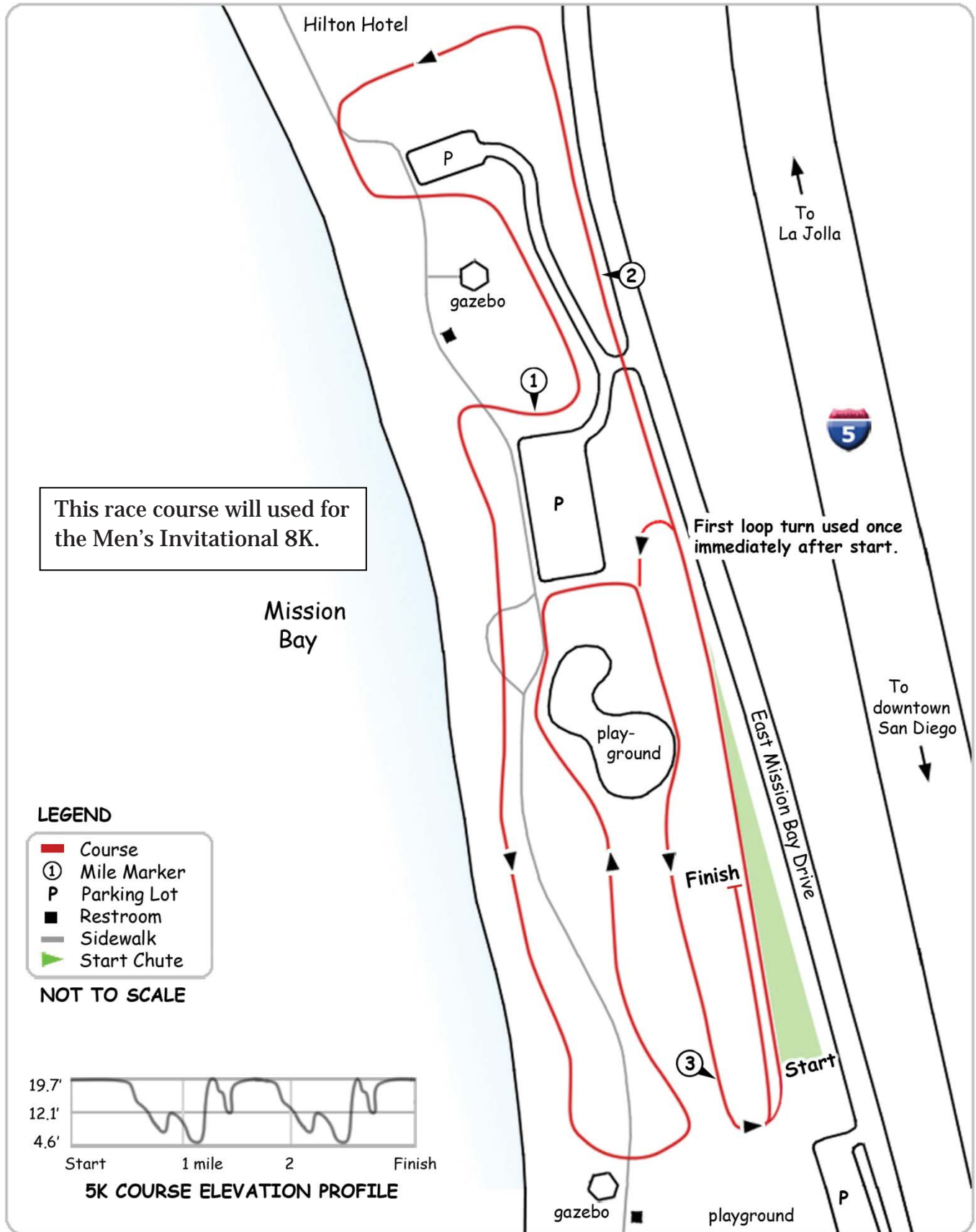
NOT TO SCALE



5K COURSE ELEVATION PROFILE



# 8 kilometer Course Map



# Official Meet Hotel



**Sheraton**  
Mission Valley  
SAN DIEGO  
HOTEL



## **Sheraton Mission Valley San Diego Hotel**

1433 Camino Del Rio South

San Diego, CA 92108

**Contact:** Johnathon Elko, Sports Sales Manager

619-321-4604      Direct

619-260-0111      Hotel

619-497-0808      Fax

<http://www.sheratonmissionvalley.com/>



### **Teams/Individuals:**

Please contact hotel representative  
**Johnathon Elko** for accommodations

Meet Hotel is available for teams at a  
rate of \$109.00 without breakfast or  
\$119.00 with breakfast included

-Both of these packages come with  
complimentary parking and internet



### **Sheraton Mission Valley San Diego Hotel**

- Newly Renovated: Brand new Guestrooms, Restaurant, Lobby, Fitness Center, and Meeting Space
- Preferred Hotel Partner of San Diego State Athletics
- Centrally located off the 8 freeway just 5 miles from SDSU, walking distance to Mission Valley Mall, San Diego Trolley and 30+ restaurants and just 10 minutes from all major attractions
- Team Friendly, past host of NCAA tournament teams, designated bus parking
- 260 Guestrooms; 160 rooms with Double Queen beds; all beds have signature Sheraton Sweet Sleeper Mattresses
- All Rooms are equipped with Brand New Sheraton Sweet Sleeper Mattresses, (2) Queen Beds, mini-refrigerator, 42" HD TVs, and self-brew Starbucks coffee

