

Summer Nights Recap for Cuyamaca Event on July 11, 2012

By Mercy Ray

For those who decided to make the drive, Meet #3 in the Summer Night Series at Cuyamaca College was rewarded by ideal weather and a beautiful campus.

Three young women and four young men enjoyed the James King 400 hurdles. Kevin Oftwright powered through the lap at 54.1 seconds.

The Mark Belger 1000 had a solid field led by Alex Samarin in 2:50, Mark himself was there to support and cheer on the racers.

16 year old Donald Molton Jr. had the fastest time of the evening in the 100 dash in 11.07 seconds and Dyrolyn Allen won the women's in 14.06.

Alexis Hernandez blazed to a win in the 400 in 59.09 and Zach Korach followed with an impressive men's win of 49.95.

Local favorite Charlie Gamble set a new PR in the 5k finishing first in 14:35, with some help from friends and fellow San Diego Track Club runners pulling him through the first two miles.

The rare 1600 race walk was won in 5:59.8 by Andreas Gustafsson. Spectators enjoyed cheering on the kids 800M with 11 contestants from the ages of 4-16.

This meet included a wide variety of field events including a world record attempt in the pole vault by Nadine O'Conner who finished high up among the men with a vault of 9'. Chason Sanford won for the men with a vault of 13'.

Jose Aviles threw a hefty 50'4" to win the shot put and Linn Dunton took the female win with a throw of 32'1".

The jumps were popular with 19 entries in the long jump and 11 in the high jump. The high jump was won by Jake Pavlovics at 6'2.5" and Mariah Slack in 5'2". The long jump was won by Leonidas Watson at 23'5.25", and Mariah Slack doubled up with another win for the evening in 15'8.25".

There is still one more chance to participate in the 2012 Summer Night Series with the Championships on July 25th at Lincoln High School.