









6949 Genesee Avenue- San Diego, CA 92122

## All ages and abilities are welcome.

Cost: \$5 per event. Registration begins at 5:00pm

**Contact:** Jim McCarthy at <a href="mailto:gimimac@sbcglobal.net">gimimac@sbcglobal.net</a>

Event Schedule	
Running Events- Begin at 6pm	
6:00pm 6:10pm 6:25pm 6:35pm 6:45pm 6:55pm 7:25pm 7:50pm	W-100 Hurdles (36")  Tonie Campbell M-110 Hurdles (42") Kids' 400M Steve Scott Mile- A Steve Scott Mile- B 200M Heats Thom Hunt 5000m Monique Henderson 400M Heats
Field Events – All begin at 5:30 pm	
Arnie Robinson Long Jump High Jump Shot Put Pole Vault	

\*Registration Starts at 5pm \*3/16 is the maximum spike length \*Automatic Timing will be provided at all track meets