

# WINTER TRACK SERIES ALL-COMERS MEET



SATURDAY, JANUARY 18, 2013

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SWEETWATER HIGH SCHOOL

2900 Highland Avenue-National City, CA 91950

*Meet #3 of 2013-2014 San Diego Track Club Winter Track Classic Series*

**GATE-REGISTRATION-CHECK IN OPEN:** 7:30am

**TRACK OPEN:** 8:00am

**START TIME:** 9:00am

*Note: Rolling Schedule, Approximate Start Times*



## **TRACK EVENT:**

MILE RUN

100 METER DASH

100/110 HURDLES

400 METER DASH

800 METERS

5000 METERS

4 X 400 RELAY

## **FIELD EVENTS:**

LONG JUMP

HIGH JUMP

SHOT PUT

***Competitors of all ages and abilities welcome!***

***\$4.00 for one event***

***\$7.00 for up to three events***

***Spectators are free***

***New 8 - Lane All Weather Track***

***Four Horizontal jumps / throws per entrant***

***New Shot Put Ring***

***Please bring your own throwing implements.***

***Finish Linx Timing***

***3/16" needle point spikes only***

**CONTACT:** Tim Latham (619) 474-9734

**ENTRY:** pre-entries may be sent to [robert.latham@sweetwaterschools.org](mailto:robert.latham@sweetwaterschools.org)  
or sign up morning of the meet

**PARKING ON AREA STREETS AND NORTHEAST CAMPUS PARKING LOT  
REGISTRATION AT STADIUM WEST SIDE GATE ('D' STREET)**