





## Wednesday, June 24, 2015 Clairemont High School

4150 Ute Dr, San Diego 92117

All ages and abilities are welcome.

Day of Event Registration \$5 per event & begins at 4:00pm

Contact: Sean Stevenson at

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## **Event Schedule**

Running Events	
6:00pm	Wes Williams
	M & W- 300m Hurdles
6:15pm	M & W-400m
6:45pm	Milena Glusac
	M & W 3000M
7:15pm	M & W-100m
7:45pm	Joaquim Cruz
	M & W-800 meters
8:15pm	M & W- 1 Mile Run
Field Events – Begin at 5:30pm	
	Pole Vault
5:30pm	
	Arnie Robinson Long Jump
6:30pm	Shot Put
6:30pm	Willie Banks High Jump

\*3/16 pyramid spikes are the only spikes worn on Clairemont's track & field facility so no needle spikes

Field Events - All begin at 5:30pm and Pole Vault at 4:30pm