

All ages and abilities are welcome. You may compete in any or all of the meets.

Series Director: Paul Greer

Phone: (858) 573-1500 Website: www.summernightstrack.com **Cost: <u>\$5</u> Per Event on Meet Day**

Visit us at Facebook and Twitter Registration begins at 5 pm. Field Events begin at 5:30pm and Running Events begins at 6:00pm

Meet Schedule

Wednesday, June 10, 2015 University City High School Contact: Jim McCarthy at gimimac@sbcglobal.net

Wednesday, June 24, 2015 Clairemont High School Contact: Sean Stevenson at <u>ss1642@yahoo.com</u>

Wednesday, July 8, 2015 San Diego State University Contact: Sheila Burrell at <u>sburrell@mail.sdsu.edu</u>

Wednesday, July 22, 2015 Sweetwater High School Contact: Tim Latham at robert.latham@sweetwaterschools.com

Event Schedule

Track Events Hurdles (100 or 400 meters) Mid-Distance (800 meters to Mile) Sprint (100-200 meters) Distance (3000-5000 meters) Long Sprint (400 meters)

Field Events Shot Put

Long Jump High Jump

A free souvenir will be given to the first 200 participants at each Summer Nights event.

Other Opportunities to Compete in Track and Field

SD USATF Association Championships Friday, June 12 and Saturday, June 13 at OTC Contact: Adam Henderson at AHende400@yahoo.com SDTC Chuck McMahon Master's Track and Field Meet Saturday, June 27 at Location TBA Age 30+ starting at 8am Contact Steve Kleinstuber (619) 244-7691 kleinstuber@cox.net or visit were address for more information.

Like Our Facebook Page: Summer Nights Track and Field Follow Us on Twitter: SDTrackandField