



# SAN DIEGO STATE UNIVERSITY

## RED-BLACK MEET

Saturday – December 6<sup>th</sup> 2014



*Meet #2 of 2015 San Diego Track Club  
Winter Track Classic Series*



**Track Opens** 9:00 AM

*Note: Rolling Schedule, Approximate Start Times*

<b>Field Event Schedule</b>	10:00 AM – Pole Vault – M/W
	10:00 AM – High Jump – M/W
	10:00 AM – Shot Put – M/W
	10:45 AM – Discus – M/W
	11:30 AM – Weight Throw – M/W
	12:00 PM – Long Jump – M/W
	12:15 PM – Javelin – M/W
<b>Track Event Schedule</b>	10:30 AM – 4 x 200m relay –W
	10:40 AM – 4 x 200m relay – M
	10:50 AM – 1000m run – W
	11:00 AM – 1000m run – M
	11:10 AM – 300m dash – W
	11:15 AM – 300m dash – M
	11:25 AM – 60m hurdles – W
	11:35 AM – 60m hurdles – M
	11:40 AM – 60m dash – W
	11:50 AM – 60m dash – M
	12:00 PM – 600m run – W
	12:05 PM – 600m run – M
	12:10 PM – 150m dash – W
	12:20 PM – 150m dash – M
	12:25 PM – 3000m run – W
12:45 PM – 3000m run – M	
	1:05 PM – 4 x 400m relay –W
	1:15 PM – 4 x 400m relay –M

**Location** San Diego State University  
Aztrack Sports Deck  
Montezuma Rd & 55<sup>th</sup> St  
San Diego, CA 92182

Pay parking available underneath the track

**Contact Information** Head Coach: Shelia Burrell (619) 594-5514 [sburrell@mail.sdsu.edu](mailto:sburrell@mail.sdsu.edu)  
Meet Director: Rick Reaser (310) 227-5534 [rick-reaser@msn.com](mailto:rick-reaser@msn.com)

*Proceeds support San Diego State  
Women's Cross Country  
and Track & Field Program*



*Competitors of all ages welcome!*

***Pre-register on-line this year!***  
*\$10 per athlete, unlimited events*

*Registration link:*

<http://www.directathletics.com/meets/track/36481.html>

*Meet day registration  
\$12 per athlete, unlimited events*

*Spectators are free!*

*Full Automatic Timing (FAT)  
9 – Lane Mondo Track*

*Four horizontal jumps/throws  
per entrant*

*Please bring your own throwing  
implements—especially Masters.*

*3/16" (5 mm) pyramids spikes only  
No needle or Christmas tree spikes*

Note: Community College athletes may participate in this event; however, per CCCAA rules: 1) Community college coaches may not enter their athletes in any out of season competition; 2) Community college coaches cannot provide transportation; 3) Community college coaches cannot pay the entry fee; 4) Community college coaches cannot be at this meet if their athletes are competing; and, 5) Community college athletes may not use their school's equipment.