

SAN DIEGO UNITED YOUTH TRACK & FIELD COMMITTEE SUB-BANTAM CHAMPIONSHIP

- Meet Director: Michael A. Landry
- Meet Date: Saturday - May 30, 2009
- Location: Valhalla High School
1725 Hillsdale Road
El Cajon, CA 92019
- Direction: 805 South or 5 South to 94 East.
94 East turns into Jamacha Road
Turn right on Hillsdale
School will be on left side
- 8 East
Exit on 2nd and turn right (2nd Street turns into Jamacha Road)
Turn left on Chase Avenue (Chase Ave turns into Hillsdale Road)
School will be on right side.
- Facility: The track is ten lanes all weather.
- Limitation: **Sub-Bantam, – maximum of four events.** Bantam and Midgets
Youth and Intermediate – **maximum of three events.** .
- Entry Fee: \$8.00 per athlete (*not per event*). Entry fees are to be paid in cash
or by club check ONLY. Please make checks payable to **San Diego
United Youth Track & Field Committee. No personal checks
accepted.** Hy-Tek will be used.
- Deadline: **All Hand written entries are due by May 25, 2009. All Hy-Tek
entries are due by May 27, 2009. Please e-mail your TCL FILE
to sandiegogoldenstars@cox.net. All changes must be
submitted by midnight on May 28, 2009. No additional changes
will be accepted after that!! No Exceptions!**
- Age Divisions:
- | | |
|---------------|--------------|
| Sub-Bantam | 2001 & Later |
| Bantam | 2000 – 1999 |
| Midget | 1999 – 1997 |
| Youth | 1996 – 1995 |
| Intermediates | 1994 – 1993 |
- Awards: **Medals will be given to Sub-Bantams only.** The top eight place
finishers will receive ribbons.
- Concession: A snack bar will be available.

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Running Events

Packet pick-up at 8:00am
Coaches meeting 8:25am

First call - 8:50am
9:10am running events start

100 meter run	Sub bantam only prelim.
1500mrw	Bantam-up
1500 meter run	Sub bantam only
200 meter run	Sub bantam only prelim.
400 meter run	intermediate- Sub bantam
100 meter run	Sub bantam - up
800 meter run	Sub bantam only
200 meter run	Sub bantam - up
Parent & Coach relay	
4x100 meter relay	Sub bantam - up

Field Events

First call at 8:15am
8:35am all field events start

SHOT PUT	HIGH JUMP	MINI-JAVELIN	JAVELIN	LONG JUMP	DISCUS
bantam	midget	sub-bantam	youth	intermediate	inter
youth	young	midget	intermediate	sub-bantam	young
midget	youth	bantam	young	midget	youth
intermediate	bantam			youth	midget
young				bantam	
				young	

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RECORD HOLDER

GIRLS

<u>100 METER</u>	TEAM NAMES	TIME/MARKS
DAVIS, CHARISMA	STALLION	15.52
<u>200 METER</u>		
DAVIS, CHARISMA	STALLION	33.02
<u>400M</u>		
VAILES, MURIYAH	USA ROCKETS	1:16.52
<u>4X100 METE RELAY</u>		
REGINO, SELENA JONES, TYANNA McBRIDE, DEYONNA ANDERS, BRIANNA	MERCURY	1:06.84
<u>LONG JUMP</u>		
MACIAS, FRANCESCA	TEAM MACIAS	10-10 FT
<u>MINI JAVELIN</u>		
MAHER, CHARLOTTE	TEAM MAHER	40-02 FT

BOYS

<u>100 METER</u>		
HOWDEN, JORDAN	MERCURY	14.12
<u>200 METER</u>		
HOWDEN, JORDAN	MERCURY	29.50
<u>400 METER</u>		
EVERETT, RAYQUAN	MERCURY	1:13.06
<u>4X100 METER RELAY</u>		
HOWDEN, JORDAN SNOWDEN-CANNON, BRANDON HOPPER, JARED EVERTT, RAYQUAN	MERCURY	1:03.06
<u>LONG JUMP</u>		
WILSON, RICKY	SD CHEETAHS	11-05 FT
<u>MINI JAVELIN</u>		
\SOWMANI, ELIJAH	FLO-JO	49-01 FT