



International Friendship Games
Track & Field Meet
Sponsored by the City of Chula Vista
Saturday May 15, 2010

Start time: 9:00am

Location: Mater Dei High School
1615 Mater Dei Dr
Chula Vista, CA

Meet Director: Stewart Payne
(619) 666-4490

Directions: From the North
Take I-805 South
Exit Olympic Parkway Turn Left (east)
Turn right on La Media (south)
Turn Left (east) on Birch Road
Turn Left (north) on Mater Dei Drive

From the South
Take I-805 North
Exit Olympic Parkway Turn Right (east)
Turn Right on La Media (south)
Turn Left (east) on Birch Road
Turn Left (north) on Mater Dei Drive

Facility: 8-lane all weather track

Spikes: ***No spikes over 3/16th will be allowed on the track or the runways***

Limitation: Sub-Bantam, Bantam and Midgets are limited to **3** events Maximum.
Youth and Intermediate are limited to **4** events Maximum

Entry Fees: \$9.00 per athlete. \$12.00 per athlete for late entries. Entry fees are to be paid in cash or club checks

Deadline: All entries are due May 1, 2010 by midnight
paynesj@att.net

Confirmation: Please confirm your team's attendance by April 15, 2010 to ensure you team's inclusion in the event program. Please email your confirmation and team roster to paynesj@att.net

Event webpage: For additional information you can review the event website at www.ifgchulavista.org

Age Divisions:	Sub-Bantam	2002 & Later
	Bantam	2000 - 2001
	Midget	1998 - 1999
	Youth	1996 - 1997
	Intermediate	1994 - 1995
	Young Women/Men	1992 - 1993

Awards: Ribbons first through eighth place.

Concession: A Concession Stand will be available.

NO SUNFLOWER SEEDS in Stadium! Please!



International Friendship Games

Track & Field

Schedule of Events

Running Events

Event

3000m Run
4x100m Relay
400m Dash
1500m
100m Dash
800m Run
80M Hurdles
100m Hurdles
110 Hurdles
200m Dash
1500m racewalk
3000m racewalk
4x400m Relay

Divisions

Midget – Young
Sub-Bantam - Young
Bantam – Young
Bantam - Young
Sub-Bantam – Young
Bantam – Young
Midget Only
YB, YG, IG, YW
IB, YM
Sub-Bantam – Young
Bantam-Midget
Youth-Young
Bantam - Young

Field Events

Long Jump
Turbo Javelin
Shot Put
High Jump

Sub-Bantam – Young
Bantam – Midget
Bantam – Young
Bantam – Young