



International Friendship Games

Track & Field

Schedule of Events

Running Events

(Girls First then Boys)

<u>Time:</u>	<u>Event</u>	<u>Divisions</u>
9:00a	3000m Run	Midget – Young
10:00a	Opening Ceremony	
11:00a	4x100m Relay	Sub-Bantam – Young
	400m Dash	Bantam – Young
	1500m	Bantam - Young
	100m Dash	Sub-Bantam – Young
	800m Run	Bantam – Young
	80M Hurdles	Midget Only
	100m Hurdles	YB, YG, IG, YW
	110 Hurdles	IB, YM
	200m Dash	Sub-Bantam – Young
	1500m racewalk	Bantam-Midget
	3000m racewalk	Youth-Young
5:00p	4x400m Relay	Bantam – Young

Field Events **Start Time 9:00am**

Long Jump	YM, YW, MB, MG, BB, BG, YB, YG, IB, IG, SBB, SBG
Turbo Javelin	BB, BG, MG, MB
Shot Put	IG, IB, YB, YG, BB, BG, YW, YM, MB, MG
High Jump	MB, MG, BG, BB, YM, YW, YG, YB, IB, IG

Note: Field events Report directly to field event competition site. When competing in a running event, check out of field event, check-in at running event and return to field event. Do not stage in check-in area with running events. Rejoin your running event at the start line. Shot Put athletes will be allowed to complete throws after running events conclude.