



# San Diego-Imperial Track & Field Classic

A Developmental Meet for Youth – High School Age Athletes

Sponsored by,

**The Youth Committee of USATF San Diego-Imperial Association**

- Date:** May 29-30, 2010
- Time:** 8:45AM (Field Events) & 9:00AM (Running Events)
- Meet Site:** Mater Dei Catholic High School, 1615 Mater Dei Drive Chula Vista, CA 91913
- Meet Registration:** Participants must register online at [www.coacho.com](http://www.coacho.com). The online entry deadline is 11:59 PM (Pacific Standard Time) on **Wednesday, May 26, 2010**. Entries received after the deadline will be considered late and subject to a late fee. No entries or changes will be accepted on the day of the meet.
- Division Competition:** Competition will be contest in two year age groups according to year of birth. Sub-Bantam (2002+); Bantam (2000-2001); Midget (1998-1999); Youth (1996-1997); Intermediate (1994-1995) & Young (1992-1993).
- Early Entry Fee:** \$3.00 per event and \$12.00 per relay. Entry fees are non-refundable and must be paid by cash. Registered USATF teams may pay by team check. Checks made payable to: San Diego Imperial Association.
- Entry Changes:** Coaches and unattached athletes should carefully review their entry confirmation received via email from Coach O. Changes for early registered athletes/team only will be accepted via e-mail through 12 Noon on Friday, May 28, 2010. You must email changes to [youth@sdusatf.org](mailto:youth@sdusatf.org) by the deadline. No changes will be accepted after the deadline. No exceptions.
- Late Entry & Fee:** The late entry period will begin at 12:00AM Thursday, May 27, 2010 through 12:00PM on Friday, May 28, 2010. Athletes or teams registering late must e-mail [youth@sdusatf.org](mailto:youth@sdusatf.org) by the deadline. The late entry fee is \$5.00 per event and \$20.00 per relay. When entering by this method you must provide the following: name, date of birth, sex (male or female) and events. Incomplete information will not be accepted.
- Awards:** Medals will be awarded to the first three overall finishers in each event. Ribbons will be awarded to overall fourth thru eight places. All athletes will receive a participation ribbon. Awards will be available at the meet or the Association Junior Olympic Championships.



## San Diego-Imperial Track & Field Classic May 29 – 30, 2010



- Concession:** A concession stand will be operated by a registered San Diego Imperial Association Youth Club.
- Coach's Meeting:** A Coach's meeting will be held on Saturday, May 29, 2010 at 8:15AM.
- Packet Pick-Up:** Teams and unattached athletes may pick-up their packet per the following schedule:  
Saturday, May 28<sup>th</sup>: 7:30AM to 9:30AM & Sunday, May 29<sup>th</sup>: 7:45AM to 8:45AM.
- Meet Results:** During competition, results will be posted. In addition, results will be posted on the youth page at [www.sdusatf.org](http://www.sdusatf.org).
- Rules & Conduct:** The meet is sanctioned by USATF. All athletes and spectators are expected to abide by rules as established by the Youth Committee and Mater Dei High School. Smoking and alcohol is strictly prohibited on school grounds. Absolutely no pets or animals are permitted on school premises. Additionally, the following will apply:
- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
  - Athletes must warm-up in the designated warm-up area(s).
  - Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
  - No food or drink other than water is permitted on the track infield.
  - No sunflower seeds or shelled nuts are permitted in the stadium seating.
  - Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
  - Recreation Vehicles (RVs) may not park in spaces closest to the stadium.
- Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.
- Vendor:** Vending opportunities are available by contacting [youth@sdusatf.org](mailto:youth@sdusatf.org). All vendors must be approved by the Youth Chair.
- Meet Directors:** Meet Director: Michael Adkins, Youth Chair  
Assistant Meet Directors: Eddie & Priscilla Ford
- Meet Information:** Please contact [youth@sdusatf.org](mailto:youth@sdusatf.org) for questions or information.



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May 29 – 30, 2010



# SCHEDULE OF EVENTS

## Saturday, May 29<sup>th</sup>

### Running Events: 9:00AM (1<sup>st</sup> Call @ 8:30AM)

3000 Meter Run (Final)  
5000 Meter Run (Final)  
100 Meter Dash (Semi-Final)  
400 Meter Dash (Final)  
110 Meter Hurdles (Final)  
100 Meter Hurdles (Final)  
80 Meter Hurdles (Final)  
4x100 Meter Relay (Final)  
1500 Meter Race Walk (Final)  
3000 Meter Race Walk (Final)  
100 Meter Dash (Final)  
4x800 Meter Relay (Final)

### Order of Competition by Division

MG, MB, YG, YB, IG, IB, YW  
YM  
SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM  
SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM  
IB,YM  
YG, YB, IG, YW  
MG, MB  
SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM  
BG, BB, MG, MB  
YG, YB, IG, IB  
SBG,BG,MG,YG,IG,YW,SBB,BB,MB,YB,IB,YM  
MG, MB, YG, YB, IG, IB, YW, YM

### Field Events: 8:45AM (1<sup>st</sup> Call 8:30AM)

High Jump  
Mini (Turbo) Javelin  
Long Jump  
Shot Put  
Discus

MG, MB, YG, YB, IG, IB  
SBG, SBB BG, BB, MG, MB  
YG, YB, IG, IB, YW, YM, BG, BB  
BG, BB, IG, IB, MG, MB, YW, YM, YG, YB  
IG, IB, YW, YM, YG, YB, MG, MB,

## Sunday, May 30<sup>th</sup>

### Running Events: 9:00AM (1<sup>st</sup> Call @ 8:30AM)

4x200 Meter Relay (Final) **EXHIBITION EVENT**  
1500 Meter Run (Final)  
400 Meter Hurdles (Final)  
200 Meter Hurdles (Final)  
800 Meter Run (Final)  
Parent/Coach 4x100 Meter Relay  
200 Meter Dash (Final)  
4x400 Meter Relay (Final)

SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM  
BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
IG, IB, YW, YM  
YG, YB  
BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM  
SBG,SBB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM

### Field Events: 8:45AM (1<sup>st</sup> Call 8:30AM)

High Jump  
Triple Jump  
Long Jump  
Javelin

BG, BB, YW, YM  
YG, YB, IG, IB, YW, YM  
MG, MB, SBG, SBB  
YG, IG, YW, YB, IB, YM

**Notes:** An entry fee will not be charged for the exhibition event and will not count as an event. Teams must sign up for the 4x200 at the meet by 12 Noon on 5/29. Two long jump pits will be operational for the girls and boys. The Pole Vault will be contested on Sunday at 10:00 AM by request only and upon the availability of an official. Request to conduct the event must be made by 11:59PM on May 26, 2010 via e-mail to: youthsdusatf.org. 3/16 needles spikes only on track & running surfaces.