



2010 USATF San Diego Imperial Association Junior Olympic Track & Field Championships



Saturday & Sunday, June 12 & 13, 2010

Mater Dei Catholic High School
1615 Mater Dei Drive, Chula Vista, CA 91913

Meet information revised on June 7, 2010 @ 2:00 PM

Age Divisions & Eligibility & Requirements

Age Divisions	
Bantam	(born 2000 and later)
Midget	(born 1998 – 1999)
Youth	(born 1996 – 1997)
Intermediate	(born 1994 – 1995)
*Young	(born 1992 – 1993)
* Athletes who are still 18 through the final day (8/1/2010) of the National Junior Olympic Track & Field Championships are eligible to compete.	



Sub-Bantam Division (born 2002 and later): These athletes may compete in the Association Championship. They are not eligible for advancement to the Regional or National Junior Olympics competitions. In order to advance then the athlete must compete as a Bantam in all events. An athlete competing in the Sub-Bantam Division is limited to three (3) events including relays. Contested events are: 100, 200, 400, 800, Long Jump, Mini-Javelin, 4 x 100 and 4x400 meter relays. The 200, 400, 800 meters, 4 x 100 and 4 x 400 meter relays will be run as a final. A semi-final & final will be held in the 100 meter dash. All athletes must be registered 2010 members of USATF in good standing. Beginning in 2011, the Sub-Bantam Division will officially be added to the Junior Olympic Championships series with competition in the aforementioned events plus the 1500 meters and shot put (2kg) minus the mini-javelin event.

Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF rules for more information and exceptions. A competitor must compete in his/her age division only. "Moving up" in any event is prohibited. Competitors in the Bantam and Midget divisions may compete in a maximum of three (3) events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2010 members of USATF in good standing.

Relay Teams: Only registered 2010 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

ENTRY PROCESS:

Only athletes who are registered and current members in good standing with USATF may compete. USATF membership can be completed on line at www.usatf.org or by completing an application form at the USATF San Diego-Imperial Association Office (1511 Morena Blvd. San Diego, CA 92110), Phone 619 275-6542. The office is closed on the weekends.

On-Line Registration: Entry shall be completed on line and must be received by **11:59 PM on Wednesday, June 9, 2010**. To enter the meet go to www.coacho.com. Please see the last page of this announcement for specific information about the Multi-Events.

Event Release: Prior to competition, all athletes must have a signed release on file with the Meet Director or designee, which is a part of the on-line registration process. A completed form must be submitted at packet-pick up. Please note if an athlete is under age 18 then a parent/legal guardian must sign the release.

Entry Changes: Coaches, unattached athletes and parents should carefully review their entry confirmation received via email from Coach O as well as the meet information and schedule. Changes will be accepted for athletes/teams registering before the on-line entry closes. Changes will be accepted via e-mail only through **12 Noon on Friday, June 11, 2010**. You must email changes to youth@sdusatf.org by the deadline. No changes will be accepted after the deadline. No exceptions.

Late Entry: Late registration will be accepted; however, an additional fee will be imposed. The late entry period will begin at **12:00AM Thursday, June 10, 2010** through **12:00PM on Friday, June 11, 2010**. Athletes or teams registering late must e-mail the Meet Director at youth@sdusatf.org by the deadline. When entering by this method you must provide the following: name, date of birth, sex (male or female) and events. Incomplete information will not be accepted. There will be no provision to register on the day of the meet.

ENTRY FEE:

Individual Entry:	\$6.00 per event	Relay Entry:	\$24.00 per relay team
Late Individual Entry	\$10.00 per event	Late Relay Entry:	\$40.00 per relay team

Entry fees must be paid prior to athlete participation. Entry Fees must be paid at the time of packet pick-up (see times posted below). 2010 Registered USATF San Diego Imperial Association teams only may pay by cash, team check or money order. Unattached athletes must pay by cash or money order. No **personal checks** will be accepted from teams or unattached athletes. A club check returned for insufficient funds will result in removal of all athletes from the regional meet. Entry fees are non-refundable or transferrable.

PROOF OF AGE: All athletes **must** have their age verified prior to participation. All athletes competing with a registered USATF San Diego-Imperial Track Club must have their birth date verified by **Noon on Friday, June 11, 2010**. Unattached athletes may mail proof of age or visit the San Diego-Imperial Office at 1511

Photos from the 2009 Association Junior Olympic Championships held at Escondido High School. Photos by Askia Toure' Photography



Andrew Silverstein
Speed To Burn



Muriyah Vailes (left) & Shakera White (right)
Flo Jo International Alexander's Light'n Express



Spencer Dodds
San Diego SoCal RoadRunners

Morena Blvd. San Diego, CA 92110. Proof of age sent by mail must be received prior to the close of business (2:30 p.m.) on June 10, 2010. Proof of age may also be faxed by calling the office phone number (619 275-6542). Upon receipt of an acceptable document, the birth date will be entered into the national database. Athletes entering the meet after the entry deadline must comply with age verification. Per USATF Rule 300.1.(i), acceptable proof of age shall be a copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. No other proof will be accepted. No exceptions.

EVENT WAIVER: Per USATF rule 305.1.(f), an athlete who does not compete in the Association Championship due to "extraordinary circumstances" may be advanced to the Regional meet provided the athlete does not displace any athlete competing at the Association Championship and does not exceed the Association's allocation to the Regional meet. A written request must be made in writing to the Meet Director by **Noon on Saturday, June 12, 2010** via email or submitted in person for consideration. An athlete seeking a waiver must register on line or through the late entry process. Fees as scheduled will be imposed and must be paid prior to participation in the Regional Meet. Waived athletes or their coach must contact the Meet Director for submission of meet fees. See USATF rule 305.2 for other allowances into the Regional and National Junior Olympic Championship Meets.

AWARDS: USATF Junior Olympic medals will be awarded to the top three individuals (top three teams in the relay events) in each event of each age division. Ribbons will be awarded for 4th – 8th place.

YOUTH AWARD PRESENTATION CEREMONY: A special award presentation ceremony will be held on Sunday, June 13, 2010 to honor the 2009 San Diego-Imperial Association's Youth Athletes of the Year.

ADVANCEMENT: The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 15 Junior Olympics Championships to be held on June 25-27, 2010 at the University of Nevada Las Vegas (June 25th) in Las Vegas, NV and Canyon Springs High School (June 26-27) in North Las Vegas, NV. Individuals/relay teams that finish in non-advancement positions may qualify for advancement to the regional meet should a qualified individual or team elects not to participate. To gain advancement by this manner into the regional meet then mandatory attendance by an athlete's coach/representative at an Advancement Meeting held after the meet is required. Payment of fees (cash only) will be also required. Exact payment is required as change will not be available.

San Diego Imperial Association's Finalist

at the 2009 National Junior Olympic Track & Field Championships held in Greensboro, NC on the campus of North Carolina AT&T University



Michael Adkins II
 'N Step Youth Track Club
 Youth Boys Division
 800 Meters, 5th Place



Grant Zebold pictured with his grandfather
 Millennium Express Youth Track Club
 Youth Boys Division
 3rd Place Outdoor Pentathlon, 7th Place High Jump
 7th Place 200m Hurdles & 8th 100m Hurdles



Abigail Callahan
 San Diego SoCal RoadRunners
 Youth Girls Division
 2nd Place High Jump
 7th Place Pole Vault

The meeting will be held at Orange Glen High School in Escondido, CA on **Tuesday, June 15, 2010 at 7:00 p.m.** Any change of the date, time or location will be announced at the Association Championships and posted on the youth page at www.sdusatf.org.

Payment of entry fee(s) for the USATF Region 15 Junior Olympic Championships must be paid prior to the conclusion of the meet on June 13, 2010. Failure to pay entry fees (cash only accepted) will be grounds for disqualification from the Regional Meet. The entry fee is \$7.00 per individual event, and \$28.00 for relays.

PACKET PICK UP: Teams and Unattached athletes may pick up their packet at Mater Dei Catholic High School on the following dates and times:

Saturday, June 12th 6:45 AM – 9:45 AM & Sunday, June 13th 7:30 AM – 9:30 AM

Coaches and/or athletes arriving after these times must contact on site meet management.

RELAY DECLARATION FORMS: All youth clubs entering a relay team(s) must compete and submit a relay declaration form for each relay to the Meet Director by 12 Noon on June 12, 2010. It is recommended coaches list all athletes in a division on the form and maintain a copy for your records.

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. Bid Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bid is **\$6** payable by cash only to meet management.

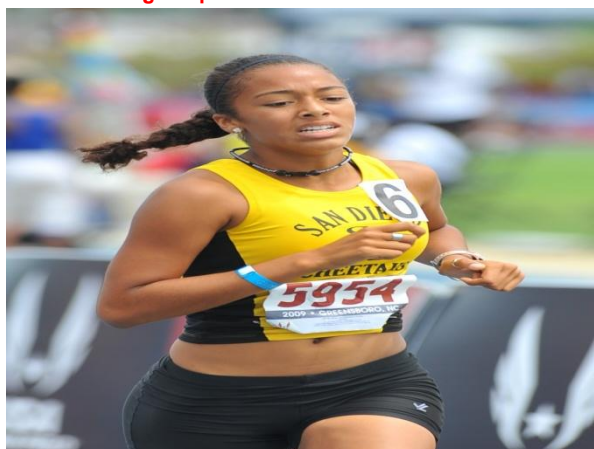
COACH'S MEETING: A coach's meeting will be held on Saturday, June 12, 2010 at 7:45AM.

EVENT RESULTS: During competition, event results will be posted. In addition, event results will be posted on the youth page at www.sdusatf.org.

PROTESTS: There will be a **\$50.00 cash only** fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced or published. The protest fee will be refunded if the protest is upheld.

FACILITY: The track is a nine lane all weather surface. 3/16th needles spikes are required on the track and runways (high jump, long jump, triple jump and pole vault.) The mini-javelin will be conducted on a synthetic grass surface. The javelin will have a grass runway approach.

San Diego Imperial Association's Athletes at the 2009 National Junior Olympic Track & Field Championships held in Greensboro, NC



Riley Mack
San Diego Cheetahs
Intermediate Girls Division
Qualifier in the 800 & 1500 Meters



'N Step Youth Track Club
Bantam Girls 4x100 Meter Relay
Finalist, 6th Place
Jaida Payne, Zaire Bankhead, Zion White, Aliyah Campbell

RULES – CONDUCT & FACILITY: The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee and Mater Dei Catholic High School District. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) may not park in spaces closest to the stadium.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

VENDOR BOOTH: Vending opportunities are available by contacting youth@sdusatf.org. All vendors must be approved by the Youth Chair

CONCESSION: A concession stand will be operated by a registered San Diego Imperial Association Youth Club.

EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase. See below for the official 2010 Event Logo.



For Questions Contact: Michael Adkins, Youth Chair
Meet Director
Phone: 619. 871.6836
E-mail: youth@sdusatf.org

MEET SCHEDULE

Saturday, June 12, 2010 8:30 AM; 1st call 8:00 AM for first running and field events of the day.

Running Events

3000 Meter Run	(Final)	MG through YW
5000 Meter Run	(Final)	YM
400 Meter	(Final)	SBG, SBB
400 Meter	(Semi-Final)	BG through YM
100 Meter	(Semi-Final)	SBG through YM
3000 Meter Race Walk	(Final)	YG, YB, IG, IB, YW, YM
110 Meter Hurdles	(Final)	IB, YM
100 Meter Hurdles	(Final)	YW, IG, YB, YG
80 Meter Hurdles	(Final)	MG, MB
4 X 100 Meter Relay	(Final)	SBG, SBB
4 X 100 Meter Relay	(Semi-Final)	BG through YM
4 X 800 Meter Relay	(Final)	MG, MB, YG, YB, IG, IB, YW, YM
200 Meter	(Semi-Final)	SBG through YM

Field Events

Mini-Javelin	SBG, SBB, MB, MG, BG, BB
Long Jump	BG, BB, SBG, SBB, MG, MB, YG, YB, IG, IB, YW, YM
Shot Put	BG, BB, YG, YB, MG, MB
Discus	YW, YM, IG, IB

Sunday, June 14, 2010 9:00 AM; 1st call 8:30 AM for first running and field events of the day.

Running Events

400 Meter	(Final)	BG through YM
1500 Meter Run	(Final)	BG through YM
100 Meter	(Final)	SBG through YM
400 Meter Hurdles	(Final)	IG, YW, IB, YM
200 Meter Hurdles	(Final)	YG, YB
4 X 100 Meter Relay	(Final)	BG through YM
800 Meter	(Final)	SBG through YM
1500 Meter Race Walk	(Final)	BG through MB
200 Meter	(Final)	BG through YM
30 minute event break inclusive of 4 X 100 Meter (Parent/Coach Relay) & Awards Presentation		
4 X 400 Meter Relay	(Final)	SBG through YM

Field Events

High Jump	YW, YM, IG, IB, YG, YB, MG, MB, BG, BB
Shot Put	IG, IB, YW, YM
Discus	MG, MB, YG, YB,
Triple Jump	YG, YB, IG, IB, YW, YM
Javelin	(Contested after the YB Discus) YW, YM, YG, YB, IG, IB
Pole Vault	(12 Noon Start Time) YG through YM

Intermediate & Young Division Hammer Throwers & 2000 Meter Intermediate & Young Division Steeplechase Runners are advised competitions will not be contested at the Association Meet. All throwers and steeplechasers must officially register at the Association level to compete at the regional level. Pole Vault athletes will be waived to the regional if less than 8 competitors in a division. Pole vaulters must officially register for the event. Two Long Jump pits will be operational for boys and girls. Any semi-final heat scheduled for Saturday will be run as a final on Sunday if there are less than nine competitors/teams in a division. The Multi-Events will be held at the Regional Multi Event Championships. All participants must register at the Association level to participate at the regional competition to be held on July 10-11, 2010 in West Covina, CA.

MULTI EVENTS

Event Information: The Multi-Events will not be contested at the Association Junior Olympic Championships. An athlete who wants to compete will be advanced to the Regional Multi-Events Junior Olympic Championships provided the athlete enters at the Association level and pays the entry fee. The new on-line entry system requires each athlete to enter at the Association level regardless if the event is contested.

Regional Meet Host: Region 15 Junior Olympic Multi-Event Championships will be hosted by the Southern California Association on July 10-11, 2010 at West Covina High School, 1609 E. Cameron Avenue, CA 91791.

Association Entry Fee: \$12.00 Bantam thru Youth Division and \$15.00 Intermediate thru Young Division.

Regional Entry Fee: \$15.00 Bantam thru Youth Division and \$18.00 Intermediate thru Young Division.

Entry Declaration: An athlete must declare their intent to compete at the Regional Meet and pay all associated fees no later than 45 minutes after the last event at the Association Junior Olympic Championships.

Event Maximum: For the purposes of maximum number of entries, per Rule 300.1 (f), participation in a combined or multi event is not subject to an event limitation. Bantam thru Midget Divisions may compete in a maximum of three events including relays and also compete in a multi-event. Youth thru Young Divisions may compete in a maximum of four events including relays and also compete in a multi-event.

Multi- Events:	Bantam Division (Triathlon)	Midget Division (Pentathlon)	Youth Division (Pentathlon)
	Shot Put (6lb.)	Shot Put (6lb.)	Shot Put (Girl – 6lb. Boy – 4kg)
	High Jump	High Jump	High Jump
	200 Meter (Girl)	800 Meter (Girl)	800 Meter (Girl)
	400 Meter (Boy)	1500 Meter (Boy)	1500 Meter (Boy)
		80 Meter Hurdles	100 Meter Hurdles
		Long Jump	Long Jump
	Intermediate Division (G)/Young Women (Heptathlon)		Intermediate Division (B)/ Young Men (Decathlon)
	100 Meter Hurdles		110 Meter Hurdles
	200 Meter		100 Meter
	800 Meter		400 Meter
	High Jump		1500 Meter
	Long Jump		Long Jump
	Shot Put		Shot Put
	Javelin		Javelin
			Discus
			High Jump
			Pole Vault

For Questions Contact: Michael Adkins, Youth Chair, San Diego Imperial Association
Meet Director, Association Junior Olympic Championships
Phone: 619. 871.6836
E-mail: youth@sdusatf.org or visit www.sdusatf.org for posted meet information