



2ND ANNUAL SAN DIEGO CHEETAHS TRACK & FIELD MEET

- SPONSORED BY:** SAN DIEGO CHEETAHS
- DATE:** MAY 28TH & 29TH 2011
- TIME:** ALL EVENTS BOTH DAYS WILL START AT 8:00, FIRST CALL WILL BE AT 7:30 A.M.
- WHERE:** GRANITE HILLS HIGH SCHOOL
1719 E. Madison Ave. El Cajon, CA 92019
- COACHES MEETING:** 7:30 ON INFIELD
- MEET DIRECTOR:** MIKE KIRWAN
CHEETAHS HEAD COACH: MARCUS SIMS 858-869-3194 marccvt1@gmail.com CALL IF QUESTIONS
- PACKAGE PICKUP:** PACKETS WILL BE AVAILABLE AT 7:00 A.M. BOTH DAYS.
- CONCESSIONS:** FULL SNACK BAR WITH A VARIETY OF FOODS AT AFFORDABLE PRICES, INCLUDING AUTHENTIC JAMAICAN "JERK" CHICKEN DINNERS AND CARNE ASADA!!
- SANCTIONED:** SAN DIEGO-IMPERIAL USATF ASSOCIATION. ALL RULES APPLY WITH REGARDS TO THE AFOREMENTIONED ABOVE. ALL PARTICIPANTS MUST BE CURRENTLY REGISTERED WITH USATF.
- FACILITY:** THE TRACK IS A NINE LANE ALL-WEATHER TRACK SURFACE. THERE ARE 2 LONG JUMP PITS. 2 SHOT PUT RINGS, 2 DISCUS RINGS, HIGH JUMP AND 1 POLE VAULT PIT. ONLY 3/16" NEEDLE OR **PYRAMID** SPIKES WILL BE ALLOWED. CANOPIES ARE RESTRICTED TO THE TOP ROWS OF BLEACHERS TIMING WILL BE FULLY AUTOMATIC
- ENTRY FEES:** \$3.00 PER EVENT. ENTRY FEES MUST BE PAID AT THE TIME OF PACKET PICKUP. ONLY CLUB CHECKS, MONEY ORDERS OR CASH WILL BE ACCEPTED. ENTRIES MUST BE DONE ONLINE AT www.coacho.com.
- DEADLINE:** ALL ENTRIES ARE DUE MIDNIGHT MAY 26TH , 2011
- DIVISIONAL LIMITS:** SUB-BANTAMS - MIDGETS ARE LIMITED TO 3 EVENTS, YOUTH & INTERMEDIATES, 4 EVENTS.

IMPLEMENTS: PLEASE BRING YOUR OWN THROWING IMPLEMENTS.

AGE DIVISIONS:

SUB-BANTAMS	2003 & LATER
BANTAMS	2001-2002
MIDGETS	1999-2000
YOUTH	1997-1998
INTERMEDIATE	1995-1996
YOUNG	1993-1994

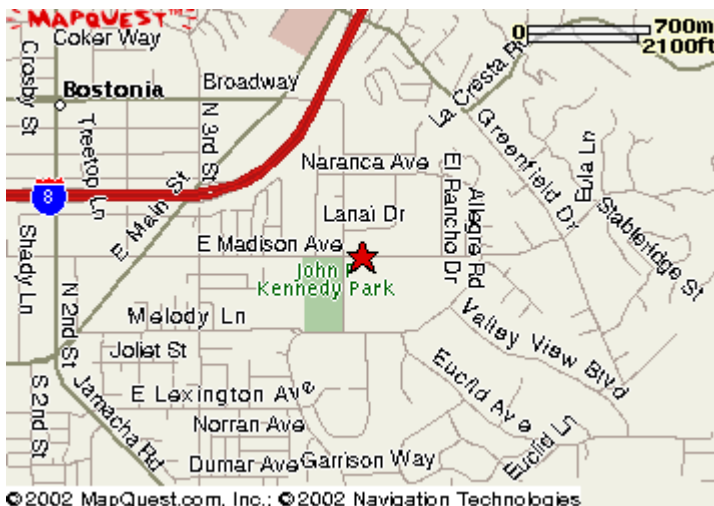
AWARDS: MEDALS FOR 1ST - 3RD OVERALL IN ALL EVENTS, RIBBONS FOR 4TH – 8TH OVERALL AND PARTICIPATORY RIBBONS.

MEET RESULTS: MEET RESULTS WILL BE POSTED AT:
WWW.SANDIEGOCHETAHSYOUTHTRACK.COM
AND WWW.SDUSATF.ORG

FIRST AID: WILL BE AVAILABLE ON THE INFIELD

MISCELLANEOUS: GARBAGE BAGS WILL BE POSITIONED IN THE STANDS, WE ASK THAT EVERYONE TAKES CARE OF THE TRASH IN THEIR AREA.
ABSOLUTELY NO SEEDS OR NUTS OF ANY KIND ARE ALLOWED (PISTACHIOS, SUNFLOWER ETC.)
3 CALLS WILL BE GIVEN, PLEASE HAVE YOUR ATHLETES REPORT AT THE SECOND CALL.

Directions



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Take Interstate 8 East to the Greenfield Drive exit and turn right on Greenfield Drive. Proceed and turn right on Madison. Proceed To Granite Hills Drive. The track is on the left. Parking is after the track in dirt lot and paved parking lot.

SAN DIEGO CHEETAHS 2ND ANNUAL TRACK & FIELD MEET



**ORDER OF EVENTS
RUNNING EVENTS:**

SATURDAY May 28th, 2011. FIRST CALL 7:30 A.M., STARTING TIME 8:00 A.M.

1500 M RACE WALK	FINAL	BG, BB, MG, MB
3000 M RACE WALK	FINAL	YG, YB, IG, IB, YW, YM
200 HURDLES	FINAL	YG, YB
4 X 100 RELAY	FINAL	ALL DIVISIONS
4 X 800 RELAY	FINAL	MIDGET-YOUNG DIV
100M	SEMI	ALL DIVISIONS
1500M	FINAL	ALL DIVISIONS
400M	FINAL	ALL DIVISIONS
PARENT/COACHES RELAY		
100M	FINAL	ALL DIVISIONS

FIELD EVENTS:

FIRST CALL 7:30 A.M., STARTING TIME 8:00 A.M.

LONG JUMP	FINAL	SBG, SBB, BG, BB, MG, MB,
HIGH JUMP	FINAL	YG, YB, IG, IB, YW, YM
SHOT PUT	FINAL	YW, YM, IG, IB, YG, YB, MG, MB,
MINI-JAVELIN	FINAL	BG, BB, SBG, SBB, MG, MB
DISCUS	FINAL	MG, MB, YG, YB, IG, IB, YG, YM

**ORDER OF EVENTS
RUNNING EVENTS:**

SUNDAY MAY 29TH, 2011. FIRST CALL 7:30 A.M. START TIME 8:00 A.M.

SPRINT MEDLEY (100,100,200,400)	FINAL	ALL DIVISIONS
3000M RUN	FINAL	MIDGET-THROUGH YOUNG
200M	FINAL	ALL DIVISIONS
110M HURDLE	FINAL	IB, YM
100M HURDLE	FINAL	YB, IG, YW, YG
80M HURDLE	FINAL	MG, MB
800M	FINAL	ALL DIVISIONS
4 X 400 RELAY	FINAL	ALL DIVISIONS

FIELD EVENTS

FIRST CALL 7:30 A.M. START TIME 8:00

LONG JUMP	FINAL	IG, IB, YG, YB, YW, YM
HIGH JUMP	FINAL	BG, BB, MG,
SHOT PUT	FINAL	SBG, SBB, BG, BB
JAVELIN	FINAL	YG, YB, IG, IB, YW, YM
POLE VAULT	FINAL	YG, YB, IG, IB, YW, YM