



SAN DIEGO CHEETAHS INVITATIONAL

- SPONSORED BY:** SAN DIEGO CHEETAHS
- DATE:** MAY 26TH & 27TH 2012
- TIME:** ALL EVENTS BOTH DAYS WILL START AT 9:00, FIRST CALL WILL BE AT 8:30 A.M.
- WHERE:** GRANITE HILLS HIGH SCHOOL
1719 E. Madison Ave. El Cajon, CA 92019
- COACHES MEETING:** 8:30 ON INFIELD
- MEET DIRECTOR:** MIKE KIRWAN
CHEETAHS HEAD COACH: MARCUS SIMS 858-869-3194 marccvt1@gmail.com CALL IF YOU HAVE QUESTIONS
- PACKAGE PICKUP:** PACKETS WILL BE AVAILABLE AT 8:00 A.M. BOTH DAYS.
- CONCESSIONS:** FULL SNACK BAR WITH A VARIETY OF FOODS AT AFFORDABLE PRICES, INCLUDING AUTHENTIC JAMAICAN "JERK" CHICKEN DINNERS AND CARNE ASADA!! BREAKFAST WILL BE SERVED AS WELL!!
- SANCTIONED:** SAN DIEGO-IMPERIAL USATF ASSOCIATION. ALL RULES APPLY WITH REGARDS TO THE AFOREMENTIONED ABOVE. ALL PARTICIPANTS MUST BE CURRENTLY REGISTERED WITH USATF.
- FACILITY:** THE TRACK IS A NINE LANE ALL-WEATHER TRACK SURFACE.
THERE ARE 2 LONG JUMP PITS. 2 SHOT PUT RINGS, 2 DISCUS RINGS, HIGH JUMP AND 1 POLE VAULT PIT.
ONLY 3/16" NEEDLE OR PYRAMID SPIKES WILL BE ALLOWED.
CANOPIES ARE RESTRICTED TO THE TOP ROWS OF BLEACHERS
TIMING WILL BE FULLY AUTOMATIC
- ENTRY FEES:** \$3.00 PER EVENT. ENTRY FEES MUST BE PAID AT THE TIME OF PACKET PICKUP.
ONLY CLUB CHECKS, MONEY ORDERS OR CASH WILL BE ACCEPTED.
ENTRIES MUST BE DONE ONLINE AT www.coacho.com.
- DEADLINE:** ALL ENTRIES ARE DUE MIDNIGHT MAY 24TH , 2012
- DIVISIONAL LIMITS:** SUB-BANTAMS - MIDGETS ARE LIMITED TO 3 EVENTS, YOUTH & INTERMEDIATES, 4 EVENTS.
- IMPLEMENTS:** PLEASE BRING YOUR OWN THROWING IMPLEMENTS.
- CHECK IN:** ALL ATHLETES MUST CHECK IN AT THE CLERK OF THE COURSE WHEN THEIR EVENT IS CALLED.
FIELD ATHLETES NEED TO CHECK IN AT THE FIELD EVENT WHEN IT IS CALLED.
- NOTES:** ALL COMPETITORS IN THE THROWS AND HORIZONTAL JUMPS WILL BE GIVEN 3 JUMPS. The top 9 nine competitors will be given an additional 3 attempts, provided that there are more than nine competitors in the event.
THE MEET WILL BE CONDUCTED RAIN OR SHINE.

SAN DIEGO CHEETAHS INVITATIONAL

AGE DIVISIONS:

SUB-BANTAMS	2004 & LATER
BANTAMS	2002-2003
MIDGETS	2000-2001
YOUTH	1998-1999
INTERMEDIATE	1996-1997
YOUNG	1994-1995

AWARDS:

MEDALS FOR 1ST - 3RD OVERALL IN ALL EVENTS, RIBBONS FOR 4TH – 8TH OVERALL AND PARTICIPATORY RIBBONS. TEAM TROPHIES WILL BE GIVEN OUT FOR TOP 3 TEAMS IN THE SUB BANTAM – YOUTH DIVISIONS

MEET RESULTS:

MEET RESULTS WILL BE POSTED AT: WWW.SANDIEGOCHETAHSYOUTHTRACK.COM AND WWW.SDUSATF.ORG

FIRST AID:

WILL BE AVAILABLE ON THE INFIELD

MISCELLANEOUS:

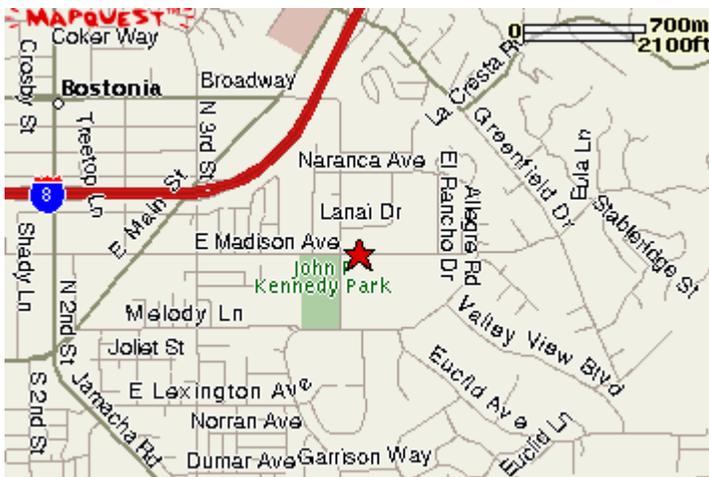
GARBAGE BAGS WILL BE POSITIONED IN THE STANDS, WE ASK THAT EVERYONE TAKES CARE OF THE TRASH IN THEIR AREA.

ABSOLUTELY NO SEEDS OR NUTS OF ANY KIND ARE ALLOWED (PISTACHIOS, SUNFLOWER ETC.)

3 CALLS WILL BE GIVEN, PLEASE HAVE YOUR ATHLETES REPORT AT THE SECOND CALL.

We are doing a sprint medley relay which is a free event. You can register on Coach O without being charged and it won't count as an extra event.

Directions:



©2002 MapQuest.com, Inc.; ©2002 Navigation Technologies

Take the 8 east to 2nd St, take a right onto 2nd and then take a left onto E Madison. The school will be on your right. Parking is available in dirt lot and paved parking lot.

SAN DIEGO CHEETAHS INVITATIONAL



ORDER OF EVENTS RUNNING EVENTS:

SATURDAY May 26th, 2012. FIRST CALL 8:30 A.M., STARTING TIME 9:00 A.M.

1500 M RACE WALK	FINAL	BG, BB, MG, MB
3000 M RACE WALK	FINAL	YG, YB, IG, IB, YW, YM
100M	SEMI	ALL DIVISIONS
400M	FINAL	ALL DIVISIONS
1500M	FINAL	ALL DIVISIONS
4 X 100 RELAY	FINAL	ALL DIVISIONS
400 M HURDLES	FINAL	IG, IB, YW, YM
200 H HURDLES	FINAL	YG, YB
4 X 800 RELAY	FINAL	MG, MB, YG, YB, IG, IB, YW, YM

FIELD EVENTS:

FIRST CALL 8:30 A.M., STARTING TIME 9:00 A.M.

LONG JUMP	FINAL	YW, YM, YG, YB, MG, MB
TRIPLE JUMP	FINAL	YG, YB
HIGH JUMP	FINAL	BG, BB, MG, MB, IG, IB,
SHOT PUT	FINAL	YW, YM, IG, IB, YG, YB, MG, MB,
MINI-JAVELIN	FINAL	BG, BB, SBG, SBB, MG, MB
DISCUS	FINAL	MG, MB, YG, YB, IG, IB, YG, YM

ORDER OF EVENTS RUNNING EVENTS:

SUNDAY MAY 27TH, 2012. FIRST CALL 8:30 A.M. START TIME 9:00 A.M.

200M	FINAL	ALL DIVISIONS
3000M RUN	FINAL	MIDGET-THROUGH YOUNG
SPRINT MEDLEY	FINAL	ALL DIVISIONS (100,100,200,400)
800M	FINAL	ALL DIVISIONS
110M HURDLES	FINAL	IB, YM
100M HURDLES	FINAL	YB, IG, YW, YG
80M HURDLES	FINAL	MG, MB
100M	FINAL	ALL DIVISIONS
PARENT COACHES RELAY		
4 X 400 RELAY	FINAL	ALL DIVISIONS

FIELD EVENTS

FIRST CALL 8:30 A.M. START TIME 9:00

LONG JUMP	FINAL	IG, IB, BG, BB, SBG, SBB
TRIPLE JUMP	FINAL	YW, YM, IG, IB,
HIGH JUMP	FINAL	YW, YM, YG, YB
SHOT PUT	FINAL	SBG, SBB, BG, BB
JAVELIN	FINAL	YG, YB, IG, IB, YW, YM
POLE VAULT	FINAL	YW, YM, IG, IB, YG, YB