



2012 USATF Region 15 Junior Olympic Cross Country Championships



Sunday, November 18, 2012
Mt. SAC
Walnut, CA

SANCTION BY: SOUTHERN CALIFORNIA ASSOCIATION USA TRACK & FIELD

DATE/ TIME: Sunday, November 18th, 2012 at 8:30a.m. Course walks at 8:00 a.m.

LOCATION: Mt Sac 1100 North Grand Ave Walnut. CA 91789.

CONTACT: Region Coordinator Mo Haneef 949 395-4094 trackcoach4@gmail.com

SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Time
Sub-bantam (born 2004+)	2 km (1.24 miles)	Girls- 8:30 Boys- 9:00
Bantam (born 2002-2003)	3 km (1.86 miles)	Girls – 9:30 Boys – 10:00
Midget (born 2000-2001)	3 km (1.86 miles)	Girls – 10:30 Boys – 11:00
Youth (born 1998–1999)	4 km (2.48 miles)	Girls – 11:30 Boys – 12:00
Intermediate (born 1996–1997)	5 km (3.1 miles)	Girls – 12:30 Boys – 1:00
Young (born 1994-1995)	5 km (3.1 miles)	Girls – 1:30 Boys – 2:00

* **Must be seven by 31 December 2012.**

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver’s license, or U.S. government identification) is required and must be submitted prior to registration.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships. When entering your team into the coacho database you must declare which athletes are on your scoring team A, B, C, etc... The composition of the team at each round can change if you submit a change form at registration at least 2 hours prior to the race.

Athletes who compete in their state high school or collegiate championship series may be advanced into their Regional if their Association meet date is in conflict with their school competition. Conflict means both meets are held within 48 hours of the other. A Team may also be advanced provided that all alternates listed on the declaration Roster were also in conflict with the school competition; therefore, not having a minimum of 5 athletes to participate. This Roster must have been submitted by the Registration deadline of the Association meet and no additional names can be added. The final decisions on the granting of this waiver will be made by the Regional coordinator.(Rule 305-3-f).

ENTRY FEES & DEADLINES:

After each Association qualifier, each Meet Director shall forward a complete meet backup to trackcoach4@gmail.com not later than 12 hours after your meet concludes. Registration will then open at 8PM Monday evening for 48 hours and close 8PM Wednesday.

On-Time Registration: Must be completed by November 14 @ 8PM.

ONLY ONLINE ENTRIES WILL BE ACCEPTED. Please visit www.coacho.com to enter.

Individual Entries: 15.00.



TEAM SCORING:

8 athletes on the team may be declared as scoring athletes. The top 5 finishers among the declared runners will be scored. The next three finishing runners from that team will be displacers.

COMPETITION BIB NUMBERS:

All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Packets will be distributed to coaches at the registration table Sunday morning starting at 7:00AM..

EVENT RESULTS:

During competition, event results will be posted at the registration table. In addition, event results will be posted at www.scausatf.org .

AWARDS:

USATF Junior Olympic medals will be awarded to the top twenty individuals in each age division. Team awards will be given to the top team.

ADVANCEMENTS:

The top 20 individuals and top 3 teams in each age group at the Region 15 Championships will advance to the USATF National Championships. In addition, any team may advance if it has five (5) or more individuals placing in the top twenty (20) in the Regional meet. The National Championships will be held on Saturday, December 8, 2012 at the Balloon Fiesta Park, Albuquerque, NM. More information is available at:

<http://www.usatf.org/Events---Calendar/2012/2012-USATF-Natl-Jr-Olympic-Cross-Country-Chmps.aspx>.

All advancements/entry to the USATF National Championships must be completed, paid for, and submitted online no later than 11/28/2012 11:59. Online entries may be submitted by visiting

http://coachoregistration.com/cgi-bin/login.pl?cd=xc_usatfyouth

The non-refundable entry fee is \$20 per individual and must be submitted online at the time of registration. Entries cannot be accepted by any other method. Late and onsite entries will not be accepted for this competition.

PAYMENTS:

The online entry system accepts VISA and electronic checks only.

DIRECTIONS: 1100 North Grand Avenue, Walnut, CA 91789

HOTELS / MOTELS:

The hotels that are closest to Mt. SAC are the Shilo Inn / Suites at Temple and the 57 Fwy.

Shilo Inn Hotel - Pomona/Diamond Bar 3200 W Temple Ave, Pomona, CA, 91768

Standard Two Queens 79.00 through Expedia, Orbitz, Travelocity.

Shilo Inn [Suites Hotel Pomona Hilltop](#) 3101 W Temple Ave Pomona, CA, 91768

Mini Suite Two Queens \$89.00 through Expedia, Orbitz, Travelocity.

There are plenty of other hotels on the 10 Fwy and Grand with Restaurants and major shopping center all within a 5-mile radius. If more information is needed please don't hesitate to call.

COURSE MAPS:

Are on line at <http://www.scausatf.org/events/youthxc.htm>