

Date/Time: Sunday, Nov. 2nd at 8:00 am

Course Walk at 7:30 am

Location: Buena Vista Park- The Duck Pond

1788 Shadowridge Drive, Vista 92081

Entry Fee: Registration must be received by Oct. 30

Entry fee \$12 with t-shirt, \$7 no t-shirt

Late Registration \$7 no t-shirt

Fees must be paid by cash, team check, or money

order-No personal checks

Club Teams: Coaches register using athletic.net \$7 per athlete

Awards: Medals to top 10 in each division

Distances: Event Division Birth year

2k	8 & under	2006+
3k	9-10	2004-2005
3k	11-12	2002-2003
4k	13-14	2000-2001
4k	15-16	1998-1999

Race Director: Hector Menchaca (760) 505-8442

E-mail questions to coach@sdxtc.org

Sanctioned By: USATF San Diego/Imperial Association

San Diego Waves Duck Pond Registration/Waiver

Waiver of Responsibility: In consideration of the acceptance of my application, I, intending to be legally bound for myself, my executors and assignees, do hereby waive and release San Diego Waves XTC, City of Vista, USATF and their employees, sponsors, volunteers and associates and any other organization from all claims for damages and/or liability arising in by the risks involved in the event, and I am physically fit to participate, I acknowledge that I have read the foregoing paragraph and know and understand the contents hereof.

Please note: Both participant and a parent/guardian must sign this entry form stating that they have read and understand the Eligibility requirements and Rule listed above, and that they have completed the proper Age Group Info. Failure to comply with signature requirements will eliminate a participant from the event.

Signature of Par	ticipant:		Date	
Signature of Par	ent/Guardiar	ı:	Date	
Name of Parent/	'Guardian: _			
Phone #				
Participants Nar				
Address				
City				
Gender: Male	Female	_Birthdate _		
Ago Division		Event		

Event Division		<u>Birth year</u>
2k	8 & under	2006+
3k	9-10	2004-2005
3k	11-12	2002-2003
4k	13-14	2000-2001
4k	15-16	1998-1999

Mail this form with entry fee- \$12 **must be received by 10/30** to:

San Diego Waves 1526 Madrid Dr. Vista, CA 92081



