# San Diego RoadRunners <br>  

# Development Youth Track Meet 

| Date: | March $28{ }^{\text {th }} 2015$ |
| :---: | :---: |
| Starting Time: | 8:00AM Field and Running Events <br> (First call 7:30 A.M., for both track and field events) |
| Location: | Orange Glen High School 2200 Glenridge Rd. Escondido, Ca 92027 |
| Registration: | All entries must be entered on www.athletic.net starting March $20^{\text {th }} \&$ will Close on Thursday March $26^{\text {th }}$ at 11:00 PM |
| Concession: | A full concessions will be available |
| Package Pick-up: | At the Concessions Stand |
| Meet Director: | Mike Mena <br> Email address: sdrrxc@gmail.com |
| Sanction: | This event is sanctioned by USATF San Diego Imperial |
| Facility: | The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; 2 long jump pits and one high jump pit. Only $\mathbf{3 / 1 6}$ needle spikes are the maximum allowed. <br> All spikes will be checked for the appropriate spikes and athletes not wearing the $3 / 16$ needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes. <br> Canopies are restricted to the top rows only, please secure them. |
| Warm up Area: | The warm-up area is reserved for athletes \& coaches only, we will hand out three wristbands per team, no parents allowed in the in field |
| Entry Fees: | $\$ 7.00$ per athlete Entry fees must be paid before the athlete competes. Clubs please pay by club check, money order or cash <br> Unattached must pay in cash, clubs may pay the day of the meet when they pick up their package, or they may mail their entry fees to: |

First Aid: First Aid will be available and located in a designated area.

| Age Divisions: | 8 \& | 2007 \& later |
| :---: | :---: | :---: |
|  | 9-10 | . 2005 - 2006 |
|  | 11-12 | . $2003-2004$ |
|  | 13-14 | . 2001 - 2002 |
|  | 15-16 | . 1999 - 2000 |

Event Limitations: $8 \& \downarrow, 9-10,11-12$ are limited to three events only. $13-14,15-16$ are limited to four events

Awards: Ribbons will be given to all participants
Check-in: All participants in the running events will check in with the clerk of the course prior to their event. Field event participants must report to the location of that event and check in directly with the official in charge

## NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS

Running Events: Report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Field event athletes must report directly to the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.

Field Events: Report directly to that event when the event is called. Two calls will be given for each event. All athletes will be given four attempts. No other jumps after those attempts; all measurements are in metric.

Coaches Meeting: 7:45 A.M. will be held in the center of the infield
Community: Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

Meet Results: Meet results will be provided On-Line at www.sdusatf.org/youth

## We will be using Automatic Timing

San Diego


## RoadRunners

## Schedule of Events

$\underline{\text { Track Events }} \mathbf{~} \boldsymbol{F i r s t} \underline{\text { Call } \quad \text { 7:30 a.m. }} \quad$ Track Events $=$ Start Time 8:00 a.m.

## RUNNING EVENTS:

## DIVISIONS:

1. $\quad 1500 \mathrm{~m}$ Run
2. 80 Meter Hurdles

All Divisions
11-12
3. 100 Meter Hurdles
$13-14$
4. $4 \times 100$ relay
5. 400 Meters
6. 100 Meters

All Divisions
All Divisions
$8-\downarrow$
7. 100 Meter Coaches \& Parents who dare!
8. 800 m Run

All Divisions
$\underline{\text { Field Event }}=$ First Call $\quad$ 7:30 a.m. Field Events $=\underline{\text { Start Time } \quad \text { 8:00 a.m. }}$
Competitors must check in at the field event site

Long Jump

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8 \& \downarrow, 9-10,11-12,13-14,15-16
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(Two pits will be used)
Mini Javelin

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9-10,11-12,8 \& \downarrow
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Discus
Pole Vault

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11-12,15-16,13-14
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13-14,15-16
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## SPECIAL NOTE:

